



Dear Reporting Member and Family,

Welcome to Navy Medicine Readiness and Training Command Cherry Point. My name is Cameron Roy, and I am the Command Ombudsman.

Ombudsmen are designated by the command to serve as a communication link between the commanding officer and command family members. Ombudsmen also serve as a trained information and referral specialists. I am here to serve as your advocate ready to support, direct, and empower you with all the resources available. Please be assured that as an Ombudsman I follow the guidelines of confidentiality as required by the Navy Family Ombudsman Program (OPNAVINST 1750.1G).

I have been a Navy spouse for over 8 years and have experienced all of the ups and downs that come with being a part of a Navy family. Not only that, I have experience outside of being a spouse as well. I have completed my master's degree in applied Behavior Analysis, including trauma training, which helps me in this role when/if emergencies arise. I am also a mother of two children, James and Libby, who you will see with me throughout your time at the command. As your Ombudsman, I look forward to providing any assistance that you may need during your time at Navy Medicine Readiness and Training Command Cherry Point, as well as coordinating events for our families to stay connected.

You may contact me by phone or email with any questions or concerns. I am available 24-hours a day for emergencies.

Once again, welcome aboard and I look forward to meeting you and your family soon.

Respectfully,

Cameron Roy

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